

# Monster Cookie Energy Bites

---



- 1 cup Food Club old fashioned rolled oats
  - 1/2 cup Food Club creamy or chunky peanut butter
  - 2 tablespoons Food Club coconut oil, melted
  - 2-3 tablespoons maple syrup, honey, or agave syrup
  - 1 teaspoon Food Club vanilla extract
- 1/2 cup combined mix-ins: mini chocolate chips, mini M&Ms, toasted shredded coconut, dried fruit (raisins, cherries, cranberries), chopped nuts (dry roasted peanuts, almonds, or pecans).

In a medium mixing bowl, add rolled oats, peanut butter, coconut oil, maple syrup (or other sweetener), and vanilla. Stir until combined. Fold in desired mix-ins until mixture holds together well. Store mixture in an airtight container in the refrigerator for up to 5 days. Scoop out tablespoons and roll into balls to serve.

Makes 20-24 small energy bites.