

Easy Strawberry Banana Smoothies

Ingredients

- 1 container (6 oz) Greek Fat Free strawberry yogurt
- 1-1/2 cups skim milk
- 1 cup frozen unsweetened or fresh strawberries
- 1 medium banana, sliced (1 cup)

Directions

1. In blender, place ingredients. Cover; blend on high speed about 30 seconds or until smooth.
2. Pour into 2 glasses; serve immediately.

Recipe Courtesy of Betty Crocker

